

Independence Guide. Benchmarks to AID in the development of independence in your child

CARE FOR SELF

<p>In an organized environment early childhood students (3 yr. Old – 3.8 yr. Old) can...</p> <p>Help in making their lunch Brush their hair in the morning dress themselves and put their own jacket/coat Put on their socks and shoes. Even if they need help with tying, etc., they can make the effort. Remember their backpack, jacket, work folder/binder,etc. Carry their own belongings (backpack, snack, etc.) to class Walk into class from the morning car line by themselves Go to the bathroom independently as long as their clothes are not a hindrance Pour their beverages Clean up after themselves upon finishing eating. Carry their plate to the kitchen after meals.</p>	<p>In an organized environment primary (3.8 yr. Old – 4.5 yr. Old) students can...</p> <p>Wake to an alarm clock, get dressed, and be ready for breakfast. Help in making their breakfast. Fill their water bottle. Remember to bring coat and belongings to and from school.. Walk in from car line alone. Carry their things Serve themselves. Clean up spills and accidents.</p>	<p>In an organized environment primary advance (4.5 yr. Old to 6 yr. Old) students can...</p> <p>*Dress and prepare simple food *Be responsible for remembering water bottle, take home folder and other paper that are due. *Remember to wear/bring a jacket for outdoor recess *Pick up after themselves *Complete most of their work-plan most weeks.</p>
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CARE FOR ENVIRONMENT

<p>In an organized environment early childhood students (3 yr. Old – 3.8 yr. Old) can...</p> <p>Sort silverware after it has been washed. Sweep floors Put away their activities Straighten their room Sort clean socks, fold towels, etc., on laundry day. Have responsibilities in keeping the environment clean and tidy. Help prepare veggies/fruit for meals at home. Help plant flowers, weed flower beds, water plants,etc</p>	<p>In an organized environment primary (3.8 yr. Old – 4.5 yr. Old) students can...</p> <p>Make their bed every day. Fold laundry and put it away. Feed and care for pets. Put away toys, games and books. Set the table for meals. Help to do the dishes. Sort their trash (recycling and compost). Sweep the floors.</p>	<p>In an organized environment primary advance (4.5 yr. Old to 6 yr. Old) students can...</p> <p>Clean their rooms and help out daily around the house. Care for pets. Put away groceries. Help to do the dishes. Sort their trash (recycling and compost). Sweep the floors, clean house and environment.</p>
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INTERPERSONAL SKILLS

<p>In an organized environment early childhood students (3 yr. Old – 3.8 yr. Old) can...</p> <p>Learn to wait patiently without interrupting conversations. Use nice table manners. Understand not to take or use things that belong to others without asking for permission. Begin to solve problems with little or no interference from adults. Show respect/Feel empathy for others</p>	<p>In an organized environment primary (3.8 yr. Old – 4.5 yr. Old) students can...</p> <p>Say please and thank you. Help others with work. Solve problems with friends, with little adult help. Begin to learn the value of money through allowance.</p>	<p>In an organized environment primary advance (4.5 yr. Old to 6 yr. Old) students can...</p> <p>write simple thank you notes for gifts received. Exhibit grace and courtesy. Use Conflict Resolution skills. Help others problem solve. Respect authority.</p>
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The road to independence is not always easy. We want you to know it is OK...

Early childhood and Primary (3 yr old to 4.5 yr. Old)

If your child complains a bit about doing what they have been asked to do; stand your ground!
If your child is crying or whining when they come into class; just let them go and they will be fine. We will call you in the event that they do not settle down..
If your child's clothing is not perfectly matched. It shows that they have been given the opportunity to make their choice independently. This includes shoes on the wrong feet..
If your child makes mistakes. It allows them to learn on their own.
If your child's hair is not perfectly coiffed and/or groomed..
If your child spills when pouring, drops when carrying, or does not clean up "perfectly."
If your child forgets his backpack, folder, etc. on occasion. The natural consequences that occur may keep it from happening in the future..
If you let your child try to solve their conflicts on their own before intervening..
If your child is brought to school in their PJ's if you have had a particular difficult time that morning.

Primary advance (4 yr. Old to 6 yr. Old)

If the laundry is not folded perfectly or in just the right place in the closet or drawer.
If your child feels some frustration at having to figure something out on their own.
To miss a favorite television show to have time to wind down and read before bed.
To go to bed early to keep from being too tired to get up on time in the morning.
To make two trips to move all of their belongings from one place to the next.
To spill.
For your child to feel disappointed because they were told "no."
For your child to search for something that has been lost.
For your child to complain about taking care of belongings.
To not be able to explain all of the work done at school and why.
To not watch television or play video games before school.